

Coronavirus/COVID-19 precautions at RDAM fall 2020

THE ROYAL
DANISH
ACADEMY OF MUSIC

Welcome to a new academic year at The Royal Danish Academy of Music.

In order to secure a safe environment for teaching, playing, practicing, and performing music, The Royal Danish Academy of Music adheres to all recommendations of the authorities regarding coronavirus/COVID19.

The official recommendations are:

- Wash your hands frequently or sanitize your hands with an alcohol-based hand rub.
- Cough or sneeze into your sleeve - not your hands.
- Limit physical contact – avoid handshakes, kisses on the cheek, and hugging.
- Be diligent with cleaning – at home and at work.
- Keep your distance and ask others to be considerate.

Current restrictions from the Danish authorities:

- **Face masks** are required in all public transportation, retail shops and kiosks. It is also a requirement for standing customers at bars cafés and restaurants. Face masks are also required - to some extent – at educational institutions. All students and staff must wear face masks when moving around in common areas such as (but not restricted to) the entrance, the hall, the canteen, the library, and toilets.
- **The ban on gatherings** limits groups of people to a maximum of 10 individuals. The Danish authorities encourage us to limit the number of social gatherings in general.
- **Opening hours** for restaurants and bars are restricted to 22:00. The sale of alcohol has also been prohibited past 22:00.

Additional recommendations at RDAM:

- Stay home if you are ill or have symptoms of coronavirus/COVID-19 (see separate instructions).

- Maintain a distance of 1 metre (for voice and wind instruments, 2 metres).
- Disinfect your hands before and after you use the piano, percussion, and all other shared instruments.

You can find the official guidelines and more information about the coronavirus/COVID-19 in Denmark via [the website from the Danish authorities](#). Consult the website for information on the novel coronavirus/COVID-19 and travel restrictions in Denmark.

You can also find the number for the coronavirus/COVID-19 hotline, which is open 24 hours a day via [this link](#).

IF YOU EXPERIENCE SYMPTOMS OF CORONAVIRUS/COVID 19

If you experience coronavirus/COVID19 related symptoms, you must stay at home and get tested as soon as possible.

Symptoms of COVID-19

It is important to be aware of symptoms.
Symptoms are typically



Fever



Dry cough



Troubled breathing

If you get ill



Self-isolate



Follow the guidelines



If you need medical assistance, call first.
Do not show up without an appointment

Testing is free in Denmark and you can easily book a test appointment either digitally or by phone.

If you have NemId

Book an appointment digitally via this link:

<https://www.coronaprover.dk/Account/NemIdLogin>

If you do not have a NemId

book an appointment by calling Corona Test Booking
+45 30 66 89 37, Monday to Sunday 10:00-18:00.

Isolate yourself until you know the result of your test.

**INSTRUCTIONS IN CASE OF A CONFIRMED POSITIVE TEST OF
CORONAVIRUS/COVID 19**

If your test is positive, you must contact your Head of Studies at RDAM
immediately.

PRECAUTIONS AND GUIDELINES FOR RDAM

The following precautions must be followed. They are subject to change in
accordance with instructions from the authorities and will be updated regularly:

OVERALL PRECAUTIONS

- Please observe the safety distance floor markings in the reception, in the technical service, in the study administration and other public areas such as canteen and library.
- Keep to the right in the corridors so that a distance of 1 metre can be maintained.
- Extra cleaning of the building has been instituted.
- Extra ventilation has been instituted.
- Staff from Technical Service will regularly check that everyone takes the necessary precautions.
- If possible, please plan your activities at RDAM so you do not use public transportation during rush hour.

ENTRANCE AND OPENING HOURS

- Entrance to the building is only allowed via the main entrance at Rosenørns Allé, 22.
- Opening hours at the main entrance: Monday to Friday, 8:00-20:00, Saturday and Sunday, 9:00-17:00
- No entrance after 20:00 from Monday to Friday and after 17:00 on Saturdays and Sundays.
- You can exit the building via “Kongeporten” between 20:00-23:00 on weekdays and between 17:00-20:00 on Saturday and Sunday.
- Entering the building via the reception as well as moving around within the building can only be done using your access card.

GUESTS AND AUDIENCES

- All guests (such as external participants in exams, rehearsals, pedagogy lessons, and other activities) must be reported to the reception by the host, sending name and e-mail address of the guest to info@dkdm.dk.
- All guests must be escorted by the host when entering the building.
- Regardless of the purpose of the visit, the host is responsible for the guest's behavior while he/she is in the building.
- All persons must have a valid reason for being in the building. The technical staff will perform routine checks.

PRACTICE, REHEARSAL, AND TEACHING

- Practice rooms and teaching rooms must be booked in the booking system (Asimut).
- Only 1 person may be in a practice room at a time, open the windows often for ventilation.
- Chamber music rehearsals must take place in teaching rooms in order to maintain a safe distance.
- Students who can practice at home are recommended to do so to avoid the risk of transmission.
- A distance of 2 metres is recommended for the voice, brass and woodwind (see appendix 2).
- Some lessons will take place online – your teacher will inform you.
- Information on orchestra and choir activities will be published on 2 September.

FACILITIES

- The library is open Monday-Friday 10:00-14:00. Please observe the general precautions mentioned above. Every other computer in the media room is blocked and may not be used. Please disinfect the keyboards before and after use.
- The canteen is open Monday-Friday 9:00-14:00 for the sale of drinks, sandwiches, and salads. The maximum number of people in the canteen at any time is 100. Every other chair is blocked, please respect this and try to plan your meals outside “the canteen rush hour”.

SOCIAL ACTIVITIES

- Only social activities planned by RDAM are allowed to take place. However, these must be in line with the current recommendations on social gatherings issued by the Danish authorities. All other social activities must be approved by The Technical Service. Please send an application to peterbrun.larsen@dkdm.dk.

HIGH RISK GROUPS

- Teachers and students who are in high-risk groups should contact their relevant Head of Studies.

Everyone is expected to demonstrate the greatest degree of responsibility when following the rules and guidelines mentioned above.

INSTRUCTIONS WHEN ENTERING THE COUNTRY

Please refer to the official rules as issued by the Danish government:
<https://coronasmitte.dk/en/entry-into-denmark>.

APPENDIX 1: Restricted capacity in RDAM rooms

- The numbers of people in our larger rooms are restricted to the following:
 - The Studio Hall: maximum 50 persons
 - The New Hall: maximum 20 persons
 - The Garden Hall: maximum 20 persons

Please note that a maximum capacity is issued on every room at RDAM. Consult the sign at the entrance of each room before entering.

APPENDIX 2: Safe distancing in corona times

In order to avoid transmission of COVID-19 at RDAM, the management has decided to institute the following precautions for the voice, woodwind, and brass departments. Please note that these precautions are based on the recommendations currently in place. Therefore, adjustments might be made when new recommendations are announced by the authorities.

VOICE

- While singing, the recommended distance between singers is 2 metres.
- In the case of individual lessons, the rooms must be ventilated for 5 minutes between every lesson.
- Students are requested to ventilate the practice rooms thoroughly before and after practicing.

WOOD-WIND AND BRASS

- While playing, the recommended distance between woodwind and brass players is 2 metres.
- In the case of individual lessons, the rooms must be ventilated for 5 minutes between every lesson.
- Students are requested to ventilate the practice rooms thoroughly before and after practicing.
- Brass students are requested not to empty their valves (moisture/condensation) on the floor, but in the rubbish bins instead.